

App Store Preview

3M™ Treatment Tracking

Ratings and Reviews

2.7 out of 5

24 Ratings



tgd96, 05/25/2019

Needs some fixes

Good app for building good habits. But tracks how often you brush your teeth before you put your aligners in and seems to ding you if don't brush at midnight each day. Also tells you how often you achieve your goal of 22 hours a day. Despite having logged 22+ hours for a few days now, it says I have zero days. Would like to see these two issues fixed.



CrunchyMom, 10/20/2019

Needs improvement

I want to like this app, but two huge issues keep it from being 5 star.

- I've hit the 22 hour mark every day but the very first (when I started using the app at 4pm) but it shows I've only hit the 22 hour mark once.
- times brushed seems to include the changeover at midnight rather than acknowledging that there was continuity from the day before.



'B' laughing at work, 08/29/2020

Works okay

This is nice to align progress photos and to help you keep track but many times I set the amount of days per tray and when I go to take a progress photo, it tells me I'm back on the same 21 days. Pain because I have to remember now which number day it is when I mark a photo. That's why I wanted this app, so I don't have to.



JoeStackhouse, 08/12/2021

Useless

The app is way too buggy and inaccurate to be of any use. The hours per day function goes up to 30+ hours per day, and you cant adjust it. It doesn't correctly log when you brush your teeth. You have to manually change which aligner you are on. After you manually enter data, it doesn't save it. Don't waste your time with this app. If you want to track your progress, just take a picture every day.



jrod4010, 10/22/2020

Great in theory, needs an update

The app randomly deletes hours logged, and doesn't allow you to fully edit the hours or brushing until the next day. The scroll feature to adjust hours is super buggy. In theory, I love this for accountability and to track progress, but lots of bugs and kinks to work out.



Morathi8, 09/02/2019

Helpful but needs improvement

Opportunities for improvement:

- the app goes crazy when you cross over to a different time zone, especially going west to east - please fix to ensure accurate tracking
- 22-hour mark tracking feature does not work
- % brushed seems to be calculating incorrectly



lyssam06, 03/15/2021

Time change

App doesn't update with the time change. Every daylight savings my times are off. It is now 7am Monday, but I'm still on 17:23 of Sunday. Times brushed has updated though... so it's showing that for 17:23, I've only brushed one time.



Itatge, 03/24/2021

Should not require Social Media Login

Sorry, wanted to use this, but I'm NOT syncing this to any of my social media accounts. I would love to use the capabilities, but I'm not interested in sharing my progress with the rest of the universe. Remove that and I might reconsider. Seriously, worst feature I've seen on an app of this nature. This is the FIRST 1 Star review I've ever given an app.